HEALTHCARE IN POLAND

A detailed overview of the Polish healthcare system
1. INTRODUCTION
1.1. GENERAL INFORMATION

GRAPH 1. POLAND IS DIVIDED INTO 16 ADMINISTRATIVE REGIONS WITH THE CAPITAL CITY OF WARSAW

- GDP PER CAPITA: 25,100 USD
- GDP GROWTH RATE: 3.3%
- POPULATION: 38,562,189
- BIRTH RATE: 9.74 births/1,000 population
- DEATH RATE: 10.19 deaths/1,000 population
- MEDIAN AGE: 39.5 years
- LIFE EXPECTANCY: 77.4 years

GRAPH 2. POLAND’S POPULATION PYRAMID

- MEDIAN AGE: Male 37.9 years, Female 41.3 years
- LIFE EXPECTANCY: Male 73.5 years, Female 81.5 years
1.2 HEALTHCARE SYSTEM IN POLAND

» According to the constitution, every Polish citizen has the right to equal access to public healthcare services.

» The sector is financed mostly from contributors paid by each employed individual to the National Healthcare Fund (NFZ); almost 100% of the population is covered.

» The outlays on healthcare are among the lowest in Europe.

» According to the OECD, in 2013 the total expenditure on health in Poland reached 6.4% of the GDP (compared to 5.9% in 2004), while in the Czech Republic was 7.1% and 7.6% in Slovakia (the average proportion in Western European countries was 9.5%).

» About 2.5 million Poles (ca. 7% of the population) are also insured using private health plans, of which 70% is paid by companies for their employees. Most plans are limited in scope, due to lack of appropriate regulations.

» The public healthcare system includes both outpatient (primary and specialist) care and inpatient care (hospitals, sanatoriums, hospices).
4. ABOUT US
4.1. OUR EXPERIENCE

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and other countries of the region. We also offer an overview of healthcare systems and regulations governing healthcare systems in the Eastern European markets.

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» Nurses and midwives
» Technical staff

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